

## Tips for "Brad's Last Ride" Simulation Exercise

### Content

This exercise is a story about a 14-year-old boy who rode an all terrain vehicle (ATV) unsupervised and without a helmet. The story explores why people ride ATVs without helmets, the risks involved, and the severe head injuries that can result when a person is thrown from or falls from an ATV. The information is taken from real-life incidents.

### Objectives

This exercise can help farm family members and ATV riders become more aware of:

- The risks of not wearing a helmet while riding.
- The reasons that riders do not wear helmets.
- The value of a helmet and adult supervision in preventing head injuries.

### Intended Audience

- Pre-adolescent, adolescent and adult farm family members.
- Young and adult urban and suburban riders.
- FFA and vocational agriculture students, 4-H youth.

### How to Use These Materials

- Review the exercise problem booklet, answer the questions, and look at the answer key.
- Decide if the exercise is useful to you or others with whom you work.
- Use the material in any of these ways
  - ⇒ As an activity for a meeting or class. The "Brad's Last Ride" exercise is a story with a plot, characters, and predicaments. Once they begin the story, people want to complete it. Therefore:
    - ✓ Administer the exercise in one 20-minute session. Allow another 15 to 20 minutes for discussion. Ask people to work together in groups of 3 to 5. Give each person his or her own problem booklet and answer sheet.
    - ✓ As each small group finishes, give them an answer key. Make sure everyone has a chance to compare his or her answers to those in the answer key. The key tells more about the story and the situation and also contains other factual information.
    - ✓ Make sure everyone has a chance to discuss Brad's story and the newspaper reports included at the end of the problem booklet.
  - ⇒ As an individual activity given to a person to complete when convenient.

⇒ For school or community projects about ATV riding safety. (Ask students or adults to complete the exercise and then to discuss it with other people, or to make a short presentation or display about riding safety. The drawings and the news articles included in the booklet can be used for a display or presentation.)

### **Materials Needed**

- "Brad's Last Ride" problem booklet (Duplicate one copy for each participant.)
- "Brad's Last Ride" answer sheet and questionnaire (Duplicate one copy for each participant.)
- Answer key for "Brad's Last Ride" exercise (Duplicate one copy for each participant or for each small group.)
- The short news stories on pages 12 to 15 about injuries to un-helmeted and helmeted riders.
- Visit the web sites listed on pages 16 and 17 of the problem booklet. The many resources available from these sites include on-line videos, games, puzzles, quizzes, and short articles about ATV safety that can be used effectively in combination with this exercise or as stand alone activities.

### **Discussion Questions**

1. Do ATV riding injuries like this happen frequently?
2. Do you know of a similar incident that resulted in a close call, injury, or fatality?
3. Are you, your family members, or friends at risk of a similar injury while riding ATVs?
4. What are some things you can do to prevent ATV riding injuries?

### **Ideas, Notes, and Comments**

Use this space to write down your ideas and plans for using these materials.