# **Central States Center for Agricultural Safety and Health**

## First Aid on the Farm: Blood Loss

# The ABCs of Bleeding

- A Alert! Call 9-1-1.
- B Bleeding! Find the source.
  - Open or remove clothing to clearly see the wound.
- Look for and identify "life-threatening bleeding".
- C Compress! Apply pressure to the wound.
  - Cover the wound with a clean cloth and apply pressure by pushing on it with both hands, OR
  - Use a tourniquet, OR
  - Pack the wound with gauze or clean cloth and then apply pressure.

## **Supplies:**

- Gloves (optional, but recommended)
- 4" Israeli Bandage
- CAT Tourniquet

As the first responder, be sure to keep yourself safe! If you become injured you will not be able to help anyone.

Scan QR codes using your smart phone's camera to access the links.

# Learn How to Stop the Bleed:



Stop the Bleed Project



FEMA: You are the Help Until Help Arrives



Video How to Stop the Bleed

## **Other Important First Aid Supplies:**

#### **Cardiac Issues:**

 Heart Attack (MI) - bottle of 81 mg non-coated Aspirin

#### **Airway Compromises:**

- Asthma Albuterol Rescue Inhaler (prescription)
- Anaphylaxis Epinephrine Autoinjector (EpiPen) (prescription)

#### **Burn Management:**

 12"x30" trauma dressing or sterile dressing with Telfa rolled gauze

#### Accessory Items:

- Flashlight/headlamp
- Trauma shears
- Rubber gloves
- Extra batteries for flashlight/headlamp
- First Aid Kit storage: small dry box or dry bag





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### SAVE A LIFE

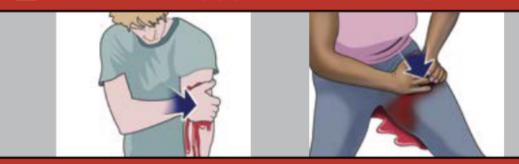




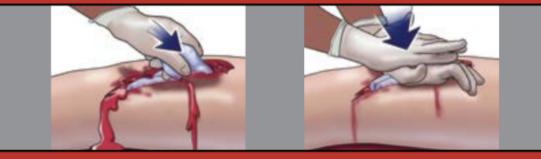


#### **BLEEDINGCONTROL.ORG**

## **1** APPLY PRESSURE WITH HANDS



## **2** APPLY DRESSING AND PRESS



## **3** APPLY TOURNIQUET



WRAP WIND SECURE TIME

**CALL 911** 

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