



# Milking Cows (in a parlor)

## Can youth do this job safely?

Youth must be able to do/have all of the following to perform this job safely:

- Avoid loose clothing, clothes with strings, tie up long hair
- Wear appropriate PPE, including moisture/chemical resistant apron, gloves, and footwear
- Comply with the [working with large animals](#) guideline
- Tall enough to reach the udders to wash/prepare and attach equipment
- Stamina to work length of time needed to complete work
- Attention span **long enough** to complete work
- Good **peripheral vision**
- Good **eye-hand coordination**
- Recognize a hazard, problem solve, and respond appropriately
- React quickly to hazards
- Understand and consistently repeat a 10-step process
- Safely demonstrate the job 4 to 5 times
- Maintain [two-way communication](#) link
- Shower and change clothes after completing job



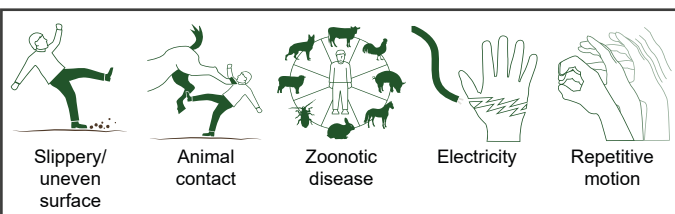
## Adult Responsibilities

- Verify ventilation system is working properly
- Provide rubber matting to reduce back/leg strain and reduce slip hazard
- Keep youth away from cows that routinely kick
- Ensure work area is free from as many hazards as possible
- Educate youth on avoiding/addressing remaining hazards
- Provide appropriate training, including animal behavior
- Confirm animals are free of disease
- Demonstrate how to safely milk a cow in a parlor
- Provide youth with frequent stretch breaks

## Supervision

- |                  |  |
|------------------|--|
| <b>14-15 yrs</b> | Constant supervision progressing to intermittent |
| <b>16+ yrs</b>   | Intermittent supervision progressing to periodic |

## Hazards



## Protective Strategies

