



# Hand Weeding

## Can youth do this job safely?

Youth must be able to do/have all of the following to perform this job safely:

- Avoid loose clothing, clothes with strings, tie up long hair
- Wear long pants and long sleeve shirts made of breathable materials
- Bend safely using [proper bending technique](#)
- Lift safely using [proper lifting technique](#)
- Carry containers required distance without straining
- Physical stamina to perform job for up to 50 minutes (12+ yrs)
- Attention span [long enough](#) to complete work
- Received training on safe use of cutting tools (12+ yrs)
- Maintain [two-way communication](#) link
- Safely demonstrate the job 4 to 5 times



## Adult Responsibilities

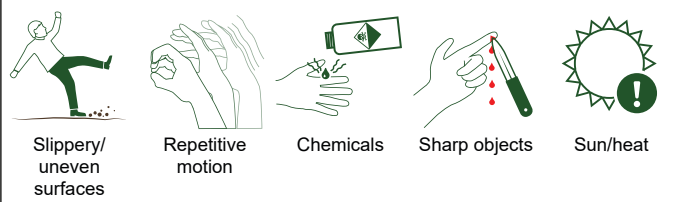
- Comply with the [working outdoors guideline](#)
- Provide safe transport to the field
- Confirm re-entry standards are followed
- Ensure work area is free from as many hazards as possible
- Educate youth on avoiding/addressing remaining hazards
- Provide appropriate training on the use of cutting/hoeing tools
- Ensure youth limits weight of load lifted to less than 25% of body weight
- Ensure cutting/hoeing tools properly sized to youth (12+ yrs)
- Demonstrate how to hand weed safely

## Supervision

*Note: Youth under 12 years old should not use cutting tools*

<b>7-9 yrs</b>	Constant supervision (Limit work to 15 minutes)
<b>10-11 yrs</b>	Constant supervision (Limit work to 30 minutes)
<b>12-13 yrs</b>	Constant supervision progressing to intermittent
<b>14-15 yrs</b>	Intermittent supervision progressing to periodic
<b>16+ yrs</b>	Periodic supervision

## Hazards



## Protective Strategies

